

Nordic Walking

Regulations

As agreed during the meeting in Tramonti, we tried to draw up a Nordic Walking EMA regulation. We used the FIDAL Regulations (host country) as a basis, comparing it with several other regulations and trying to harmonize the rules. In particular, the following regulations of competitive Nordic Walking were taken into consideration:

FEDME - Federación Española de Deportes de Montaña y Escalada (in Spain NW is under this Federation)

FMRM – Federacion de Montanismo Region de Murcia

FAM – Federacion Andaluza de Montanismo

FFA – MNC - Federation Francaise d'Atletisme –Marche Nordique en Competition

INWA – International Nordic Walking Association

ANWI – Associazione Nordic Walking Italia

PFNW – Polska Federacja Nordic Walking

NWPL – Nordic Walking Polska

ONWF – Original Nordic Walking Federation

International Golden Cup

ENWO – European New Walking Organisation – Zveza ENWO

Euro NordicWalkin'Vercors - France

More italian regulations, as AICS, ENDAS, LIBERTAS